

# The Black and White

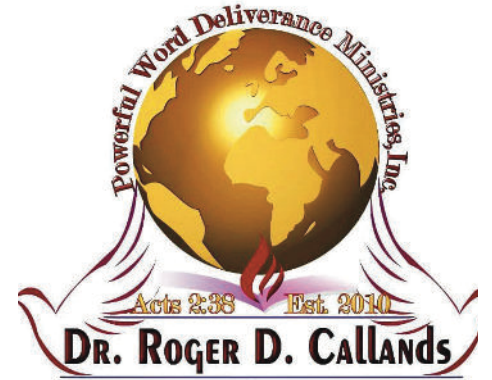
## Covering all things Christian March 2016

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Hello Community! A lot is going on in the kingdom and you don't want to be out of the loop! Make sure to get your ad, announcement, in as soon as you can! Let's keep this going!



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Across:  
2. ELIZABETH 4. LAZARUS 7. JOSEPH  
10. ZACCHEUS  
11. MATTHEW 12. ANNA 14. PILATE 17. ZACHARIAS  
19. LUKE 21. SIMON 22. JUDAS ISCARIOT  
23. BARTIMAEUS 24. JESUS  
Down:  
1. MARY 3. ZEBEDEE 5. ANDREW  
6. JOHN THE BAPTIST 8. SATAN 9. CAESAR AUGUSTUS  
13. NICODEMUS 14. PHILIP 15. MARK  
16. MARTHA  
18. HEROD 20. JAIRUS

CLASSIFIEDS

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- ELMSEED ENTERPRISE FUND-HELPING MICRO/ SMALL BUSINESS LENDING

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- Strive NH 746 Chapel St. NH,CT Preparing you for work, Determined to succeed203-777-1720 p www.careerresources.org

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### Bible Wordsearch

Wordsearch 244

R	O	O	D	E	R	C	A	S	I	T	O	I	S	E
R	E	H	T	A	F	K	N	A	L	P	P	F	K	S
A	G	V	S	T	H	R	O	W	B	R	E	A	D	U
E	E	G	O	C	H	I	L	D	R	E	N	E	U	M
T	I	L	T	M	G	N	R	U	T	S	E	N	O	S
P	P	I	P	I	E	C	E	S	O	D	D	O	H	E
M	M	E	F	M	H	R	T	T	O	E	P	T	S	E
E	E	T	A	E	A	Y	O	R	R	S	D	S	I	K
S	S	A	A	R	L	R	E	M	R	T	E	A	F	S
I	P	V	S	R	L	C	T	S	K	E	G	K	I	S
M	E	E	A	U	E	S	R	L	C	H	D	N	N	W
N	U	E	C	I	R	E	Y	E	O	P	U	O	D	A
E	L	C	V	K	H	E	T	H	N	O	J	W	S	L
C	R	E	H	T	O	R	B	E	K	R	K	L	O	R
D	S	D	O	O	G	I	V	E	N	P	E	V	I	L

### Sermons of Jesus 4

Matt.7:1-12

BREAD	DOOR
BROTHER	EVIL
CHILDREN	EYE
CLEARLY	FEET
FATHER	FINDS
GIVEN	FISH
GOOD	GIFTS
HEAVEN	KNOW
JUDGED	LAW
KNOCK	LOOK
MEASURE	MORE
OPENED	MUCH
OTHERS	PIGS
PEARLS	PLANK
PIECES	SEEKS
PROPHETS	SNAKE
RECEIVES	SPECK
REMOVE	STONE
SACRED	SUMS
SAWDUST	TEAR
THROW	TIME
TRAMPLE	TURN
	UNDER

After you find all the hidden words the left over letters spell out a Bible verse reading from the top left to the bottom right

MORE PUZZLES AT:  
<http://biblewordgames.com>

It's 12 o'clock! Did you pray today?

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# NATURAL NEWS News for the mind body and spirit.....

Our first report is on the quintessential American backyard party food-hot dogs. To produce this report, Clear Food analyzed 345 individual hot dogs and sausages from seventy-five different brands sold at ten food retailers. We may update this report to include even more local and regional brands as we expand our testing.

This report includes a history of how the typical hot dog makes it to your table, the high-level results of our tests, a breakdown of the highest scoring hot dogs on the market, and our shopping recommendations. Dig in!

## A Brief History of Hot Dogs

Sausages are among the world's oldest prepared foods. The Greek bard Homer wrote about black pudding or blood sausage in *The Odyssey* nearly 3000 years ago. The ancestor of the modern hot dog, the frankfurter, is a boiled sausage of smoked pork encased in mutton intestine. Historians trace the frankfurter's origins to thirteenth-century Frankfurt, and it was German immigrants who added the frankfurter to the melting pot of American cuisine. By the 1890s the "hot dog" was part of the American experience, and by the turn of the twentieth century, Americans could order one at a baseball game.

## How are Hot Dogs Made?

Today, hot dogs are usually processed in factories, where meat trimmings, spices, and other ingredients are chopped and blended into an emulsification and routed to automatic stuffers. The stuffers pump the emulsified hot dog mixture into casings. Then, long links of hot dogs are cooked in a smokehouse, cooled by being passed under a water shower, and packaged. If variety meats, such as livers, kidneys, and hearts are among the ingredients in a hot dog or sausage, the label should state "with variety meats," and the particular ingredient should be listed on the package.

## Hot Dogs by the Numbers

Los Angeles was the most hot-dog hungry American city. Residents consumed thirty-nine million hot dogs in 2014, and Dodgers fans did their part: they

ate three million hot dogs last season. Not to be outdone, Boston Red Sox fans devoured five million sausages, making Fenway Park the sausage capital of the major leagues.

Hot dogs are America's original street food. The humble hot dog is a powerful vehicle of regional identity. The classic New York Style hot dog is covered with spicy brown mustard and either sauerkraut or onions sauteed with tomato paste. A proper Chicago dog is nestled in a poppy-seed bun and topped with a pickle spear, celery salt, sport peppers, tomatoes, green relish, chopped onions, and mustard. No self-respecting Chicagoan defiles a Chicago Dog with ketchup. A Kansas City dog is topped with sauerkraut and melted swiss cheese. At a Braves game, your Atlanta dog is topped with coleslaw.

Maybe Americans obsess about what's on their hot dogs because they'd prefer not to think about what's in them. Sausages are the world's original "mystery meat," and hot dogs have always provoked ingredient anxiety. In mid-nineteenth-century America rumors circulated that some butchers made inexpensive, frankfurter-style sausages with ground dog meat. Though no one knows for sure, this might explain how the hot dog got its name. One thing's certain: questions about the hot dog are as old as the hot dog itself. And they're not wholly unwarranted.

## Our Results

Of the 345 hot dogs and sausages Clear Food analyzed for this report, 14.4% were problematic in some way. Problems included substitutions and hygienic issues. Substitution occurs when ingredients are added that do not show up on the label. Hygienic issues occur when some sort of non-harmful contaminant is introduced to the hot dog, in most cases, human DNA. Here's what we found:

- Substitution: We encountered a surprising number of substitutions or unexpected ingredients. We found evidence of meats not found on labels, an absence of ingredients advertised on labels, and meat in some vegetarian products.
- Hygienic issues: Clear Food

found human DNA in 2% of the samples. 2/3rds of the samples with human DNA were vegetarian products.\*

We found evidence of chicken (in 10 samples), beef (in 4 samples), turkey (in 3 samples), and lamb (in 2 samples) in products that were not supposed to contain those ingredients.

Pork is a particularly unwelcome substitution in any food when you consider that significant numbers of people do not eat pork for religious reasons. Clear Food found pork substitution in 3% of the samples we tested. In most cases, pork found its way into chicken and turkey sausages. Pork substitution was an issue in products across the price spectrum being sold at a wide variety of retailers.

While some of these substitutions, hygienic issues, other variances, or off-label ingredients may be permitted by the FDA, our scientific disclosure allows you, as the consumer, to decide whether the variance or problems meet your personal standard in your buying decision.

**\*Correction:***In a previous version of this report, the second bullet point under the "Our Results" section read: "Hygienic issues: Clear Food found human DNA in 2% of the samples, and in 2/3rds of the vegetarian samples." This bullet point has been corrected to read: "Hygienic issues: Clear Food found human DNA in 2% of the samples. 2/3rds of the samples with human DNA were vegetarian products." The facts, cited correctly throughout the rest of the report, are that Clear Food found human DNA in 2% of the 345 samples we tested. Of the six samples with human DNA, 4 (2/3rds) were vegetarian products. We apologize for the lack of clarity, and we regret the error. Thank you.*

reprinted from Natural News

## Food Links

"Eat this, not that"-another excellent source to learn how and what to eat.



## Restaurant Reviews

Know any good restaurants? How's the food? The service?

Wanna review? Send it in and we just might use it!

# TOP 12 PASTOR STUNTS

**(RNS)** A California pastor made headlines in 2013 when he announced that he will live like an atheist for a year to see what it's like on the other side of belief. But Ryan Bell is actually just the latest "stunt pastor" to use unorthodox means to draw attention to his message.

In recent years, other church leaders have challenged congregants to have sex (with their spouse) for 30 days straight or have dressed like homeless people or lived in a tiny box or on a spacious roof in order to gin up attention, attendance or funds.

This kind of reality-show piety has a history, of sorts, especially in Christianity: A fifth-century ascetic, Simeon Stylites, achieved great fame by living - subsisting, really - atop a pillar for some 37 years.

But the rise of the entertainment industry, combined with a focus on marketing techniques to preach the faith or build up a church, have sparked a penchant for ministry gimmicks that go well beyond the old dunk tank:

## 1. 'Homeless' bishops

Last Thanksgiving, David Musselman, a Mormon bishop in Utah, disguised himself as a homeless person and hung out around his church before the service. Several people asked him to leave, some gave him money, and most were indifferent. "Many actually went out of their way to purposefully ignore me, and they wouldn't even make eye contact," he said. Then he walked up to the pulpit, asked to deliver a message and revealed his true identity. Message received. Former Rhode Island Episcopal Bishop Geralyn Wolf did much the same thing a decade earlier, and for an entire month.

## 2. A month of sex - no ifs, ands or buts

In 2008, Paul Wirth of Relevant Church in Ybor City, Fla., challenged couples in the congregation (married, of course) to have sex for 30 days in a row - just as he and his wife did. Wirth cited a study showing that 20 million married Americans had sex just 10 times a year - and he said churches should do something about that. Hence the "30-Day Sex Challenge." The reaction was overwhelmingly positive. "It's been great," congregant Doug Webber told the Tam-

pa Bay Times as he and his wife finished up their month of sex - despite being parents of a newborn and a toddler. "We're definitely sleeping better, and it's really brought us together as a couple. I'm surprised it worked as good as it did." The church periodically renews the challenge.

## 3. A week of 'congregational copulation'

Later in 2008, the Rev. Ed Young of Fellowship Church in Grapevine, Texas, urged couples in his 20,000-member megachurch to follow him and his wife in a "Seven Days of Sex" plan, a week of "congregational copulation," as he called it. In a follow-up gimmick in 2012, Young and his wife, Lisa, set up a bed on the church roof and pledged to spend 24 hours there together in front of God and everybody. But he suffered a sunlight injury to his eyes and had to cut this sexperiment short.

## 4. Losing weight for the Lord

The Bible has been cited as a way to get rich as well as a way to heaven, but it's increasingly being mined by a health-conscious nation as a way to lose weight. Pastor Rick Warren of Saddleback Church in Southern California is the latest to promote Scripture as a fitness fad: In 2011, he said he needed to lose 90 pounds, and he challenged his congregation to help him do it on something he called "The Daniel Plan," a 40-day regimen based on the Book of Daniel. Some 12,000 people signed up and in the course of the year shed a collective 250,000 pounds. Last December, Warren published "The Daniel Plan" as a book.

## 5. Living on food stamps, making a point

On the other end of the health craze scale is the Food Stamp Challenge, in which participants can buy food using only the amount of money (\$4.39 a day in 2012) that is allotted under the federal government's Supplemental Nutrition Assistance Program (SNAP), commonly known as food stamps. "Near the end of the week, because of the diet, I became irritable, my sleeping patterns became messed up, so the whole notion of what happens and the impact that the diet has on the individual, all were made very real to me," the Rev. Sonnye Dixon, a Methodist pastor from Nashville, told United Methodist

News Service after living on \$21 worth of food for a week in 2007.

## 6. Send money - or else

One of the most famous, and controversial, church fundraising schemes was launched by the late, great prosperity preacher, Oral Roberts, who in January 1987 told his national television audience that he needed to collect \$8 million by March to fund a hospital he was building - or else. "I'm asking you to help extend my life," he said. "We're at the point where God could call Oral Roberts home in March." He eventually raised \$9.1 million, but the medical center closed in 1989. Roberts died in 2009.

## 7. Pastor-in-a-Box

In 2009, pastor Ben Dailey promised to spend three days living in a 6-foot plexiglass cube atop his church in Irving, Texas, if more than 4,000 people came to services on Easter and on the following Sunday, when attendance usually dips sharply. The congregation met his challenge - by just six people - and Dailey went into the box. Not that he is a modern-day Simeon Stylites. Dailey had electricity, an air conditioner, books, a laptop, a television, an iPhone, a chair and plenty of food.

## 8. Rooftop Reverends

The Rev. Corey Brooks pitched a tent on the roof of an abandoned Chicago hotel in late 2011 and vowed to stay there until he raised enough money - \$450,000 - to buy and tear down the building, which the pastor said is a haven for drugs, prostitution and violence. In February of 2012, actor Tyler Perry pledged \$98,000 to put Brooks over the top, and he came down after 94 days. In London in 2006, a bold vicar camped out on the roof of his church to raise money for its repair - but came down after 10 days, well short of his fundraising goal. "I'm wet and I'm cold," the Rev. Malcolm Hunter told The Telegraph.

## 9. If you liked it, then you shoulda put a ring on it

Bishop Rudolph McKissick Jr. knew that lots of couples in his Jacksonville, Fla., congregation were living together without being married, just like couples who don't go to church. But at a Sunday service last October he got fed up with it and challenged the cohabitants in the audience to make a stand, to come up to the altar and to pledge to tie the knot the next month. Nine couples got up, and nine couples got married last November.

## 10. Walking New York with a cross

Robert Wood walks the highways (literally) and byways of the New York region dressed in robes and wearing a beard, and carrying a backpack and a huge wooden cross. His goal is to get people to convert to Christianity. "It's been 22 years," he said in a 2012 interview. "I'm not stopping unless the Rapture comes and I die in the road."

## 11. Living the Bible, writing the book

Why should pastors have all the fun? Esquire editor A.J. Jacobs typed up 72 pages of every arcane rule he could find in the Bible and spent a year trying to follow them all. No to shaving his beard, but yes to stoning an adulterer - though he used pebbles so they wouldn't hurt much. The result: a 2007 book, "The Year of Living Biblically: One Man's Humble Quest to Follow the Bible as Literally as Possible." Then there was Christian blogger Rachel Held Evans' effort to commit to "A Year of Biblical Womanhood" - the title of her 2012 book, which tracked the effort of this "liberated" woman to take all of the biblical injunctions regarding women literally.

## 12. Don't try this at home

Then there are the professional stunt ministries, like Real Encounter or the Kingdom Stunters, an "action sports outreach ministry" - a motorcycle stunt team "with a desire to reach the lost for Jesus Christ." Founded in 2009, the team travels to church fairs around the country. One of the first and flashiest, however, is Georgia-based pastor and motorcyclist Aaron Ramsey, who was inspired by Evel Knievel. Ramsey runs the "Jumping for the King" ministry and jumps buses in church parking lots, sometimes through a wall of fire.

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